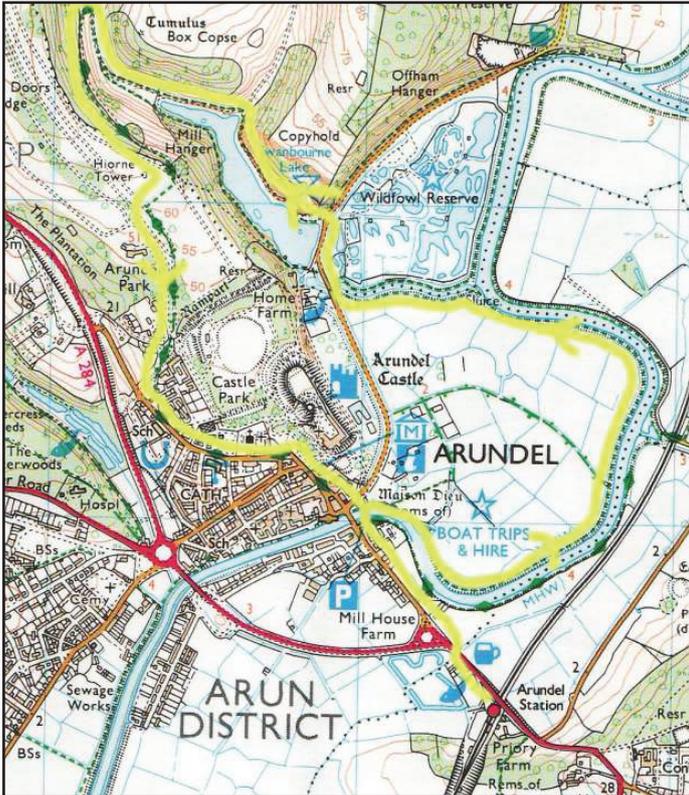




## SELF-GUIDED WALK

### Arundel Station

A Circular Walk from Arundel Station Approximately 4 miles, taking 2½ hours..



Start from Arundel Railway Station. Trains from Horsham or Bognor Regis every hour (change at Barnham or Ford for Arundel from other South Coast stations).

Hill top towns in England are not common but here in Sussex we have two splendid examples – Lewes and Arundel.

Emerging from Arundel station turn left and then cross the busy A27 at the traffic lights. When the pavement ends, there is a footpath sign. Follow the path and turn left along the river towards the town. You have a splendid view of Arundel Castle; built by the Normans, most of what you see is the rebuilding in 18th and 19th centuries.

The path emerges at the back of the White Hart and on reaching the road, turn right across the bridge and then immediately right through the Jubilee Gardens, where there are remains of a 14th Century Dominican Friary, to pick up a footpath.

Follow this along the back of the boatyard/café to walk along the west bank of the river Arun for about a mile, then turning inland along a stream, opposite the Wildfowl and Wetlands Trust land. The path comes out at a footbridge below the road bridge in Mill Road.

Emerging onto the road at the far side of the bridge continue along the road with care and then cross over to enter Swanbourne Lake near the café buildings. Our route then follows the North side of the lake.

Where the lake ends, ignore a path to the left and a footpath shortly afterwards. As the valley bends round take the next path with a very sharp turn left to take a route leading up the valley side to reach a gate at the top. This is part of the long distance path, the Monarch's Way, leading from Worcester to Shoreham (Charles II flight). Turn immediately right onto a path, which leads across a gallop and then across the grass, with the large Hiorne Tower on your right, leading onto a metalled road. Turn left and after ½ mile you come out of Arundel Park onto the High Street.

Turn left and, on the other side, you pass first the St Mary's Gate Pub (originally a farm building) and then the massive 19th Century Roman Catholic Cathedral. On your side you pass the Parish Church, built in 1380, and a fine example of English Perpendicular architecture. The chancel is divided from the main part of the church and it is the Fitzalan Chapel of the Castle.

Coming down the steep High Street you appreciate the strategic site of Arundel. Then cross Mill Road and the bridge and retrace your steps to Arundel Station. (Public toilets are available just round the corner in Mill Road at the bottom of the High Street.)