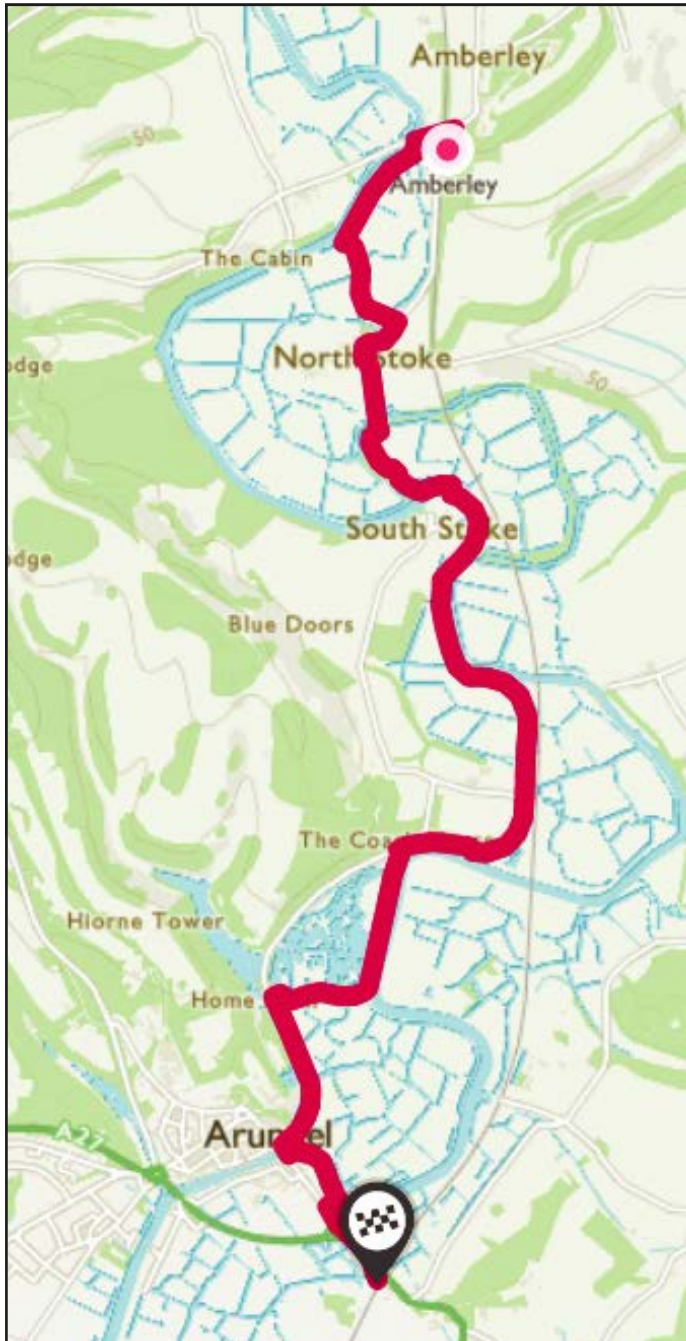




## SELF-GUIDED WALK

### Amberley to Arundel

A 4½ mile walk from Amberley to Arundel railway stations, taking 3 hours.



Our walk follows the course of the River Arun, one of four rivers in Sussex which cut through the South Downs. The walk starts from Amberley station. Immediately opposite is the entrance to the Amberley working museum (well worth a visit) on the site of the old lime works. You can travel around it by vintage bus or narrow gauge railway.

From the station walk to the main road, crossing to the footpath (with care) and turning left under the bridge. Walk onto the bridge over the river Arun. Do not cross the river but look for the public footpath sign on the left. Go over a stile to follow a path on the east railway side of the river for 550 yards. The path then turns away from the river to emerge after 550 yards on the quiet Stoke road. Turn right and continue up the road to a junction. Turn left and immediately opposite there is a footpath sign. Follow the path down a field, through a wooded area crossing a suspension footbridge. The path bears right, and after 550 yards emerges on the river bank with a bridge ahead.

Cross over the bridge and immediately turn left over a stile to continue along the other eastern side of the river. (South Stoke Church nearby with the tall spire is mainly 13th century and worth a short diversion).

You then continue along the river bank for 1.5 miles to the Black Rabbit pub. Walk through the pub car park and pick up the path again at the end to follow the river bank again. To your right is the Wildlife and Wetlands centre with its variety of wild ducks and geese, again well worth a visit. After 550 yards turn right inland at the finger post, emerging after a further 330 yards at the Swanbourne footbridge. Cross left over the footbridge and continue along the pavement.

Swanbourne Lake nearby is a very popular place. As you walk down the pavement of Mill Road towards Arundel the castle is on your right.

Originally Norman, Arundel castle was substantially added to in the 18th and 19th centuries. Just before the bridge are the ruins of Maison Dieu a 14th century hospital. Turn left over the bridge then left along a footpath along the river and after a short while turn right to emerge on to a pavement. Turn left and cross at the traffic lights into Arundel Station.