

## 4th Quarter 2021 Walks & Strolls

### Dear Walkers,

Although not always warm and sunny, conditions have been excellent for walking since the end of the Covid restrictions. We were particularly pleased to welcome some new strollers, keen to take advantage of our extensive and varied programme (thanks to our imaginative leaders). Together with the return of familiar faces, our numbers are gradually getting back to normal.

There were good turnouts for the first stages of the Vanguard Way linear walk. Logistics now dictate that the final legs, from Forest Row to East Croydon, be on consecutive days:- Thursday and Friday, 14-15<sup>th</sup> of October. We hope you'll be able to join us.

Many leaders have found that the booking system has been useful, especially knowing in advance how many walkers to cater for and allowing the possibility of setting off earlier than scheduled once everyone has arrived. Having made the system optional from the start of this programme, most leaders have decided to continue using it. So please check the relevant programme entry to find out whether you will be asked to register in advance. You won't be turned away if you don't book, but you may not be notified of late alterations (or cancellation).

**Walks Coordinator:** Ian Lancaster  
**Strolls Coordinator:** Mick Heywood

### Notes for walkers & cyclists:

- Please ensure you have read the 'Walks Guidance Notes' on our website: <https://friendsofthesouthdowns.org.uk> (go to 'About Us' then 'Public documents') or contact our office.
- Please remember to take care of your own safety on walks and strolls, and make sure you wear appropriate footwear and clothing and that you are fit for the walk or stroll outlined.
- Make your own way to the meeting place, but please consider the use of car-sharing or public transport where possible. For advice about a particular walk or stroll contact the leader, or the office on the number at the bottom of this page. The code before the grid reference, e.g. 121 or OL10, refers to maps in the OS 1:25,000 Explorer series. The post code is a guide only; the six-digit grid reference will be more precise and where that may be ambiguous the What3Words address in the format ///word1.word2.word3 more accurate still.
- New walkers: Please note that the start time on the programme is the time we start walking. Please arrive at the meeting place at least 15 minutes before this time, to allow for putting on boots, etc.. The finish time is an estimate by the leader and may vary due to conditions on the day of the walk. DoW after the phone number means that the leader's mobile number is to be used for the day of the walk only.
- All routes are circular unless stated otherwise. At lunch breaks, some people have a snack in the pub or café while others eat their packed lunch away from the pub premises and then go in for a drink or coffee. We usually stop for about an hour. Pub lunches at the end of strolls are optional.
- Strolls (shaded) are a maximum of 9 miles. Walks (unshaded) are over 9 miles. Abbreviations in use: CP=Car Park; PCNU=Post Code Not Useful; RSP=Roadside Parking; ORP=Off-Road Parking (i.e. not a car park); well-known trails may also be abbreviated, e.g. SDW=South Downs Way, SBP=Sussex Border Path.
- Dogs: Where permitted, dogs must be under control and owners must do as requested by the leader; extendable leads are prohibited.
- Cyclists: Must be over 18 and experienced. Members are responsible for their own safety – helmets can help prevent a head injury from a fall. Please note that terrain may vary between bridleways and public roads.

Date & Time	Start Location OS Explorer Map / Grid Reference	Title and Outline of the Route Leader and Contact Details Notes, if applicable	Length (miles)
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### Hidden Footpaths

<b>Thursday 7 October</b> 09:45 - 15:30	Ditchling Common Country Park, Folders Lane BN6 8SQ OL11 / TQ337180	SBP, West Wood, Stroud Farm, Fox Hill (Pub – Fox and Hounds), Lunces Hall St, George’s Retreat <i>Notes: CP is at ///scarves.fees.thrashed</i>	11.5
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### A Look at Eton New Town

<b>Thursday 7 October</b> 09:45 - 13:00	Upper Car Park, Half Moon pub, Ditchling Rd, Plumpton BN7 3AF 122 / TQ365132	Lewes DC has to find land for lots more housing and one suggestion is a new town nr East Chiltington. Eton College own the land. The stroll is on flat farmland with nice views of the Downs. Lunch pub (Half Moon) at end of walk and a chance to discuss the options facing Lewes <i>Notes: The owner of the pub has given permission for us to park.</i>	7.5
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### A Friday Stroll

<b>Friday 8 October</b> 10:00 - 13:00	Friday Street CP RH5 6JR 146 / TQ126457	Abinger Bottom, Wotton Common, Leith Hill Tower, The Duke’s Warren, Broadmoor, and Friday Street <i>Notes: CP is at ///stick.humid.scam</i>	5.5
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### A Hot Day in Lockdown

<b>Tuesday 12 October</b> 09:00 - 15:45	Stoughton Down CP PO18 9JG OL8 / SU815126	Chilgrove, Elsted Hanger, Turkey Island, South Harting (Pub – White Hart), Harting Down, East Marden <i>Notes: CP is at ///train.loitering.ranked</i>	13.5
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### Albourne and the Albourne Estate

<b>Wednesday 13 October</b> 10:30 - 13:00	Albourne Village Hall CP BN6 9DG 122 / TQ264168	Rolling farmland with several streams. Albourne Estate vineyard, Blackstone and back to Albourne by a different route <i>Notes: Car park with kind permission.</i>	4.5
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### VANGUARD WAY – Leg 4

<b>Thursday 14 October</b> 09:00 - 16:00	Ridlands Grove CP 1.4 mi NE. of Hurst Green RH8 OSY 147 / TQ418522	Thornhill, Kentwater Valley, Greathed Turn, Starborough, Crouch House Green (picnic), Troy Town, Treveaux <i>Notes: Legs 4 and 5 of the VGW can be done as a two-day event with an overnight stay or as two stand-alone walks.</i> 1. For the two-day option, the start point of the walk is Forest Row CP (RH18 5JZ; TQ427349; ///tidal.spoons.pirate). The Kings Arms, Westerham (2 miles from the VGW) is suggested for dinner/B&B which the walker will have to book themselves. Note that overnight parking is not possible at Ridlands Grove CP or Forest Row CP and there is no Forest Row train service. 2. For the individual-day option, the meeting point (given next to the date at the top) is the walk destination (///mock.upset.senses), and the start time relates to that location. You may be asked to drive fellow walkers to the start point at Forest Row CP (details in (1) above) in exchange for a lift back there to get your car after the walk. The finish time relates to arrival back at the start point. 3. Lunch is a picnic only (unfortunately no pub en route). 4. Pre-booking is required.	13
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### VANGUARD WAY – Leg 5

<b>Friday 15 October</b> 09:00 - 16:30	Ridlands Grove CP 1.4 mi NE. of Hurst Green RH8 OSY 147 / TQ418522	Titsey Wood, Chelsham Common (Pub – The Bull Inn), Farleigh, Littleheat Woods, East Croydon <i>Notes: Pre-booking is required.</i> The specified meeting point (///mock.upset.senses) is the walk start point. The walk destination is East Croydon station. For walkers returning to their cars there is a train service to Hurst Green (3 trains an hour; bring rail card if applicable) from East Croydon then approximately 20-minute walk to the Ridlands Grove CP.	16
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### Adur River Walk

<b>Saturday 16 October</b> 10:15 - 15:30	Woods Mill Nature Reserve CP BN5 9SD OL11 / TQ218138	Stretham Manor, River Adur, Bramber (Pub), Bramber Castle, Kings Barn Lane, Wyckham Farm <i>Notes: CP is at ///courage.making.bloodshot</i>	9.5
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### Washington Figure of 8

<b>Tuesday 19 October</b> 09:30 - 16:00	Washington SDW CP RH20 4AX OL10 / TQ120120	Chanctonbury Ring, Steyning, Washington (lunch), Sullington, Chantry, Washington <i>Notes: CP is at ///encloses.rich.exhaled</i> Morning section back to car is 8 miles, lunch at Fankland Arms	12.5
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### Before the Clocks Change

<b>Thursday 21 October</b> 09:00 - 16:00	West Marden PO18 9EU OL8 / SU772137	Harting Down, Beacon Hill, Chilgrove (Pub – White Horse ), Stoughton <i>Notes: Grid reference is for lay-by on B2146 near crossroads at ///sinkhole.pelting.staining. There is additional RSP along Noredown Way; PO18 9EP; ///skies.mergers.busters</i>	16
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### East from Ardingly to Highbrook and the Bluebell line

<b>Thursday 21 October</b> 10:00 - 13:00	The Ardingly Inn RH17 6UA OL13 / TQ34712947	Somewhat hilly, a few stiles <i>Notes: Lunch if required in the Ardingly Inn</i>	5
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### Parham and the Downs

**Thursday 21 October** Rackham Street opposite School House RH20 2EU OL10 / TQ051144  
10:00 - 12:30  
Climb up the Downs and return through Parham Park  
*Notes: One steep ascent and one steep descent* 5.5

### Anatomy of a Walk; Not Dull at All!

**Tuesday 26 October** Grayswood Village Hall GU27 2DQ OL33 / SU918348  
09:00 - 16:15  
South Park Fm, GSW, Thursley, Thursley Common, Yagden Hill, Hankley Common GC (Pub – Duke of Cambridge), Lions Mouth, Houndown Bottom, GSW, Devils Punch Bowl, Gibbet Hill, High Button  
*Notes: CP is at ///barks.binders.incurring* 16

### Duncton, Graffham and Seaford College

**Wednesday 27 October** Duncton Village Hall GU28 0JY 133 / SU964178  
10:00 - 13:30  
Pub lunch after for those who wish  
*Notes: No dogs, please* 7

### Autumn Forest Walk

**Thursday 28 October** Goodwood Counters Gate CP PO18 0QE OL8 / SU899113  
09:00 - 15:45  
Droke, Tegleaze, Graffham (Pub – Foresters), North Lane, Charlton  
*Notes: CP is at ///fees.earth.sculpting* 14.5

### Friston Forest, Willingdon Hill and SDW

**Friday 29 October** Jevington Road CP BN26 5QJ 123 / TQ562013  
10:00 - 13:15  
Friston Forest, Friston, Willingdon Hill and SDW 6.25

### Common & Warren, Hill & Ridge

**Saturday 30 October** Sullington Warren CP, off Water Lane opposite cement works RH20 3LY OL10 / TQ099142  
10:00 - 15:30  
Sandgate Park, Rowdell, SDW, Sullington Hill, Storrington twittens, Cootham (Pub – Crown Inn), Hurston Lane, Roundabout Farm, Sullington Warren  
*Notes: CP is at ///accent.hawks.bleaching* 11.25

### Round Eartham

**Tuesday 2 November** Whiteways CP BN18 9FD OL10 / TQ002109  
09:00 - 15:30  
The Denture, Gumber Corner, Monarch's Way, Eartham (Pub – The George), Nore Hil, Madehurst  
*Notes: CP is at ///salsa.adopt.standards* 12

### Levin Down and Singleton Woods

**Tuesday 2 November** Singleton Primary School, Singleton PO18 OHP OL13 / SU879132  
10:00 - 13:00  
Walk up Levin Down, through Singleton Woods, Venus Wood back round to Hat Hill.  
*Notes: The stroll starts at the footpath next to the Primary school. There is on road parking in the village, but please park considerately. Dogs welcome, I will be bringing my Border Collie along.* 7

### The Gunpowder Plot

<b>Thursday 4 November</b> 09:00 - 16:00	Silent Pool CP GU5 9BW 145 / TQ059485	Fox Way, NDW, Hollister Fm, Hillside Fm, King's Hill, Oaken Grove, Hackhurst Downs, Abinger Hammer, Shere, Pilgrims' Way, Albury Mill, Chilworth Manor, St Martha's Hill, Albury Downs, NDW <i>Notes: CP is at <a href="#">///chief.miss.dine</a></i>	16
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### An East Sussex Exploration

<b>Saturday 6 November</b> 10:00 - 16:00	Newick School RSP Allington Road BN8 4NL 135 / TQ415209	Fletching, Down Street, Hendall Manor Farm, Maresfield (Pub – Chequers Inn), Park Wood, Sharpsbridge, Founthill Wood <i>Notes: Parking is at <a href="#">///donation.playroom.puts</a></i>	13
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### Back to The Unicorn

<b>Tuesday 9 November</b> 09:00 - 15:30	Lavington Common GU28 0QL OL10 / SU949187	Serpent Trail, Polecats, Oatscroft, Hoe Copse, Cocking, Heyshott (Pub – The Unicorn), Graffham Down, Upper Norwood <i>Notes: CP is at <a href="#">///divisible.animals.glow</a></i>	14
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### Abbots Wood and Michelham Priory

<b>Wednesday 10 November</b> 10:00 - 13:00	Yew Tree pub CP Arlington BN26 6RX 123 / TQ544074	Abbots Wood to Michelham Priory for Autumn colour, River Cuckmere, Arlington Church. Flat possibly muddy. Several stiles. Yew Tree pub at end of Stroll	6
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### Halfway is not Halfway

<b>Thursday 11 November</b> 09:00 - 15:30	Midhurst North St CP GU29 9DR OL33 / SU887218	Lodsworth, Halfway Bridge, Selham Common, Graffham (Pub – The White Horse), Heyshott <i>Notes: CP is at <a href="#">///dating.scatters.grades</a> £2 P&amp;D nr. to Cowdray Park</i>	15
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### All round the Common

<b>Tuesday 16 November</b> 10:00 - 13:00	Ditchling Country Park, Folders Lane E Ditchling Common BN6 8SQ 122 / TQ335180	The stroll is on flat farmland and common with nice views of the Downs. Lunch at the White Horse pub, Ditchling.	6
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### Washington, Thakeham and Wiston

<b>Tuesday 16 November</b> 09:00 - 15:15	Chanctonbury Ring CP BN44 3DR OL10 / TQ146125	Chalkpit Wood, SDW, Rowdell, Thakeham (Pub – The White Lion), Ashington, Wiston <i>Notes: CP is at <a href="#">///chum.that.editor</a></i>	14
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### Tillington and Pitshill House

<b>Wednesday 17 November</b> 10:30 - 12:00	Horse Guards Inn, Tillington Nr. Petworth GU28 9AF OL33 / SU963220	This lovely walk is via the Tillington vineyards & then to see the outside of Pitshill House. It won the 2017 Georgian Group's top Architectural Award and was awarded second prize in the 2017 Historic Houses Association Restoration Awards. Time to pause and admire the mini-Stately Home. Firm and pleasant going. <i>Notes: By Car: 1 mile west from Petworth on A272, then in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road.</i>	3
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### A Trundle Experience

**Thursday 18 November** Goodwood Singleton, SDW, Cocking Down, Chilgrove (Pub – White Horse), 15.5  
St Roches Hill CP West Dean, Monarch's Way  
09:00 - 15:30 PO18 OSP Notes: CP is at *///accompany.bubbles.appear*  
OL8 / SU872110

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### The Arun Valley

**Thursday 18 November** Mill Road near Arundel Park, South Stoke, return via path on riverside 6  
Swanbourne Lake Notes: Post code is for Swanbourne lake, parking is free along Mill Road.  
10:00 - 13:00 BN18 9PB  
OL10 / TQ019079

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### The Way South? Don't Bet on it!

**Tuesday 23 November** The Mens CP Beeches Brook, Malthouse Copse, Harsfold Hanger, WSP, Pallingham 14.5  
RH14 OHR Quay, Pickhurst, Codmore Hill Fm, Gallops, Old Place, Stopham Bridge  
09:00 - 16:00 OL34 / TQ024237 (Pub – White Hart), Lithersgate Common, Bedham, The Mens  
Notes: CP is at *///factually.focal.detective (recently resurfaced!)*  
*10 miles before lunch. It is recommended that walkers eat at the picturesque gastropub.*

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### The Magnificent Ouse Valley viaduct

**Tuesday 23 November** Ardingly Reservoir A lovely walk that goes under the viaduct and gives an interesting 5  
CP perspective on the viaduct, a couple of hills.  
10:00 - 13:00 RH17 6SQ Notes: CP is at *///proclaims.openings.tarnished*  
OL13 / TQ334287

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### Lurgashall Limbo

**Thursday 25 November** Sylvia Beaufoy CP Goanah Lodges, Blackbrook Farm, Pheasant Copse, 14.5  
Petworth Lurgashall (Pub – Noah's Ark), Leggatt Hill, Upperton  
09:00 - 15:30 GU28 0ET Notes: CP is at *///stammer.podcast.retract*  
OL33 / SU975214

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### St Hubert's and the Idsworth Valley

**Tuesday 30 November** Stansted Park Slip Walk through Stansted Park then along the Sussex Border path with 7  
CP, Brook St. views of Idsworth valley. Time to view the medieval church of St.  
10:00 - 13:45 Stoughton Hubert's then return via the Staunton Way  
PO9 6DU Notes: CP is at */// bumps.crackling.ropes*  
OL8 / SU754103 Dogs welcome, I will be bringing my Border Collie along.

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### A Canal, a Railway Line and Footpaths

**Tuesday 30 November** Bucks Green Tisman's Common, Oakhurst Farm, Sachel Court, 11.75  
Rec'n Ground CP Laker's Green (Pub – Three Compasses), Snoxall, Baynards  
10:00 - 15:30 RH12 3JN Notes: CP is at *///dangerously.fight.deploying*  
OL34 / TQ079329

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### A Wander Through the Tuscan Hills

**Thursday 2 December** Stoughton Down CP Bow Hill Farm, Yew Tree Cottage, Bepton Down, Henley Lane, 16  
PO18 9JG Cocking (Pub – Blue Bell), Bell Lane, Warren Bottom, Venus Wood,  
09:00 - 16:00 OL8 / SU815126 Hylter's Farm, Goosehill Camp.  
Notes: CP is at *///train.loitering.ranked*

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### Is it 'Slaffam' or 'Sloffam'?!

<b>Saturday 4 December</b> 09:45 - 15:30	Furnace Pond Slaugham RH17 6AE OL34 / TQ250281	Harvey's Farm, Graffields, Colwood Manor, Bolney (Pub – Eight Bells), Wykehurst Park, HWLT, Slaugham <i>Notes: CP is at <a href="#">///quit.rosier.quicksand</a> (limited parking so overflow to <a href="#">///sooner.pokers.extension</a> nearby if needed).</i>	12.5
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### Petworth via Virgin Mary Spring

<b>Monday 6 December</b> 10:30 - 12:00	Petworth Library Rosemary Lane, High St. Petworth GU28 OBA OL33 / SU977215	A flat countryside walk south east of the town and return via the Haslingbourne Brook and the Virgin Mary Spring - famous for curing sore eyes since medieval times. Back via sharp ascent. Dogs welcome. <i>Notes: CP is at <a href="#">///reports.define.pizzeria</a></i>	3
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### Firle and Alfriston

<b>Tuesday 7 December</b> 09:15 - 15:30	Firle Village CP BN8 6NX OL25 / TQ469075	Firle Beacon, SDW, Alfriston, Milton Street (Pub – The Sussex Ox), Berwick, Alciston, Charleston Farmhouse <i>Notes: CP is at <a href="#">///slept.birds.backup</a></i>	12.5
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### Exploring Eastbourne Parks and Seafront

<b>Tuesday 7 December</b> 10:00 - 13:00	Lamb Inn Old Town, Eastbourne BN26 5QJ 123 / TV599994	Manor Garden, Meads Village, All Saints Church, Seafront and Gildredge Park. Not all pavement walking! May be muddy. <i>Notes: On bus route. Park in nearby streets</i>	6
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### See the Sea

<b>Wednesday 8 December</b> 10:00 - 13:00	Saltdean Lido CP Saltdean Park Rd, Rottingdean BN2 8SN 122 / TQ381021	Circular stroll on the Downs above Saltdean, return via Rottingdean on the Undercliff path. Café at end of stroll.	7
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### Chithurst, Coombe and Commons

<b>Thursday 9 December</b> 09:00 - 15:30	Iping Common CP GU29 0PB OL33 / SU852220	Chithurst, Coombe, Maysleith, Woodmans Green, Older Hill, Woolbeeding Common, Stedham <i>Notes: CP is at <a href="#">///rugs.ballparks.elevator</a> No pub so please bring picnic</i>	14.5
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### Compton and The Mardens

<b>Tuesday 14 December</b> 10:00 - 13:45	Compton Rec CP at south end of village on B2146 PO18 9EX 120 / SU775145	Stroll up Gold Mine Plantation, past Bevis's Thumb, East Marden and Up Marden, chance to see the medieval church of St Michael's. Undulating walk and well-defined paths/tracks, through small woods and woodland shaws. <i>Notes: CP is at <a href="#">///genius.dangerously.sweeper</a> Dogs welcome, I will be bringing my Border Collie along.</i>	7
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### The Serpent and The Railway Line

<b>Thursday 16 December</b> 09:00 - 15:30	Lavington Common GU28 0QL OL10 / SU949187	Serpent Trail to Graffham Common, Selham Common, Smokeyhouse Lane, Selham (Pub – Three Moles), disused railway line, Herringbone Cottage, Burton Park, Burton Mill Pond, Coates <i>Notes: CP is at <a href="#">///divisible.animals.glow</a></i>	15
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### The Sportsman's Kit

<b>Saturday 18 December</b>	Kithurst Hill CP RH20 4HW OL10 / TQ070125	Clay Lane, Parham Park/West Sussex Literary Trail, Amberley (Pub – The Sportsman), Wey South Path, South Downs Way <i>Notes: AM 4miles, PM 3.5</i> <i>As is my strolling style, this one has a bit of a climb, but also a great pub for lunch.</i>	7.5
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