

3rd Quarter 2024 Walks & Strolls

Dear Walkers,

Despite the atrocious underfoot conditions across the Low Weald during the first half of the year, necessitating route modifications, the small group that undertook the (West) Sussex Border Path relished the experience, savouring every stage. A multi-day linear walk offers a unique pleasure beyond the familiar delights of our usual circular routes – the landscape unfurls before us, revealing ever-changing vistas as we traverse greater distances. Before setting off on the final leg to Shoreham, the walkers indulged in a hearty breakfast prepared by The Nutmeg Tree tea rooms in the picturesque village of Ditchling.

This quarter's popular 'Politicians and Sussex' walk explores the life of Anthony Eden, a figure not typically associated with the county. Ian Wright, the walk leader, explained, "Although Eden is best known for his national roles, he called Binderton near West Dean his home for eleven years, from 1941 to 1952. During our walk, we'll delve into Eden's remarkable career, spanning three tenures as Foreign Secretary and his tenure as Prime Minister, which was ultimately cut short by the Suez Crisis."

This year's "Bernard's Cycle Ride" around Chichester Harbour will take place on August 2, led by Nigel Watts. The terrain is easy, so if you like cycling and can manage 25 miles on the flat please sign up.

Walks Coordinator:	Ian Lancaster	E-Mail: fotsd@lancasi.plus.com
Strolls Coordinator:	Mick Heywood	E-Mail: mickheywood15@gmail.com

Notes for walkers:

- Please ensure you have read the 'Walks Guidance Notes' on our website.
- If the walk says: 'Booking by email to', then please contact the leader in advance so that he knows how many walkers to cater for and can notify you of any late alterations.
- Please remember to take care of your own safety on walks and strolls, and make sure you wear appropriate footwear and clothing and that you are fit for the walk or stroll as outlined.
- Make your own way to the meeting place, but please consider the use of car-sharing or public transport where possible. For advice about a particular walk or stroll contact the leader, or the office on the number at the bottom of this page. The code before the grid reference, e.g. 121 or OL10, refers to maps in the OS 1:25,000 Explorer series. The postcode is a guide only; the six-digit grid reference will be more precise and where that may be ambiguous the What3Words address in the format ///word1.word2.word3 more accurate still.
- New walkers: Please note that the start time on the programme is the time we start walking. Arrive at the meeting place at least 15 minutes before this time to allow for putting on boots and listening to the safety briefing from the leader. The finish time is an estimate by the leader and may vary due to conditions on the day of the walk. DoW after the phone number means that the leader's mobile number is to be used for the day of the walk only.
- All routes are circular unless stated otherwise. At lunch breaks, some people have a snack in the pub or café (unless the walk is picnic only) while others eat their packed lunch away from the pub premises and then go there for a drink or coffee. We usually stop for about an hour. Pub lunches at the end of strolls are optional.
- Strolls (shaded) are a maximum of 9 miles. Walks (unshaded) are over 9 miles. Abbreviations in use: CP=Car Park; PCNU=PostCode Not Useful; RSP=Roadside Parking; ORP=Off-Road Parking (i.e. not a car park); well-known trails may also be abbreviated, e.g. SDW=South Downs Way, SBP=Sussex Border Path.
- Dogs: Where permitted, dogs must be under control and owners must do as requested by the leader; extendable leads are prohibited.

Date & Time	Start Location OS Explorer Map / Grid Reference	Title and Outline of the Route Leader and Contact Details Notes, if applicable	Length (miles)
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Ardingly Reservoir to Horsted Keynes

Tuesday 2 July 09:45 - 15:45	Ardingly Reservoir CP (PCNU) 135 / TQ335287	Fulling Mill Farm, Highbrook, Cinder Hill, Horsted Keynes (Pub – The Green Man), Keysford, Great Lywood Farm <i>Notes: ///motivates.blasted.snored</i>	11
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Chanctonbury Ring to Chantry Hill

Thursday 4 July 09:00 - 16:00	Washington SDW CP RH20 4AX OL10 / TQ120120	Steyning Hill, Steyning, Washington (Pub – Frankland Arms), Sullington, Chantry Hill <i>Notes: ///encloses.rich.exhaled</i> <i>Please let the leader know if you want to eat in the pub</i>	14.5
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Wey And Arun Canal From Jubilee Fields

Friday 5 July 10:00 - 12:30	Jubilee Fields CP, Billingshurst RH14 9QW OL34 / TQ082263	Newbridge Farm, Streele Farm, Lording's Lock, New Bridge, Wey-South Path, Rowners Farm, Eaton Copse <i>Notes: CP entrance is also entrance to Billingshurst recycling centre - W3W ///ripen.generally.climate</i>	5.5
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Deans, Downs and Bottoms

Tuesday 9 July 09:00 - 16:00	Norton Drive CP BN2 6NT OL11 / TQ356063	Standean Bottom, Balsdean Bottom, Swanborough Hill, Harveys Cross, Telscombe Cliffs, Saltdean Undercliff, Rottingdean (Pub – Plough, café or beach picnic), High Hill, Falmer Bottom, Newmarket Hill <i>Notes: ///late.slept.taped</i> <i>There is alternate RSP nearby along Bexhill Road.</i>	15.7
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The Spur to walk to Arundel

Tuesday 9 July 09:30 - 13:00	The Spur Pub, Slindon BN18 0NE 121 / SU970081	Walk through Rowell woods, wild meadows to Chalk Spring and return via Park farm. <i>Notes: Dogs welcome, I will be bringing my Border Collie along</i>	8
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What the Romans Did for Us

Thursday 11 July 09:00 - 16:00	Eartham Wood Forestry Commission CP PO18OLU OL10 / SU939107	East Dean, Duncton (Pub – The Cricketers), Barlavington Down, Bignor Hill <i>Notes: ///fortunes.veal.unloading</i>	15.5
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A Picnic in the Park

Saturday 13 July 10:00 - 15:15	Barns Green Recreation Ground, Muntham Lane RH13 OPT OL34 / TQ125272	WSLT, Sharpenhurst Farm, Little Stammerham Farm, Downslink (Café by the Lake – Southwater Country Park), Crookham Farm, Bullbrook House Farm, Sumner's Ponds <i>Notes: ///dugouts.necklace.reconnect</i>	10
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Ardingly Reservoir

Monday 15 July Ardingly Reservoir CP, Ardingly RH17 6SQ 135 / TQ334287
Ardingly Reservoir, Ardingly, Tilgate Wood, north side of the reservoir
Notes: CP W3W ///waxes.evoked.recipient 5
10:00 - 12:45

Return to Crapham Bottom

Tuesday 16 July East Dean CP, Village Green Lane (nr. Tiger Inn) BN20 ODR OL25 / TV557978
Crapham Bottom, Wealdway, Jevington (Pub – Eight Bells), Winchester's Pond, Friston Place
Notes: ///took.jolt.itself 13.8
09:00 - 16:00

Cranleigh Stroll

Thursday 18 July Stocklund Square car park, Cranleigh GU6 8RG OL34 / TQ054392
Rowly Fm, Willinghurst Fm, Shamley Green (Pub – Bricklayers Arms), East Witley Fm, Cranleigh School
Notes: ///butternut.shower.remission 13
09:00 - 15:30
CP entrance off mini-roundabout near Sainsbury and has £4 charge

Eastbourne Parks and Twittens

Thursday 18 July Lamb Inn, High Street, Eastbourne BN21 1HH 123 / TQ599994
Manor Gardens, Gaudick Road, All Saints Park, Helen Gardens (coffee stop), seafront, Burlington Walk (miniature temple), Town Hall, Gildredge Park. Lunch option (park café) at end of stroll. 5.25
10:00 - 12:00

Politicians and Sussex – Anthony Eden

Tuesday 23 July Stoughton Down CP PO18 9JG OL8 / SU815126
Monarch's Way, Dean Barn cottages, Binderton House, West Dean (Pub – The Selsey Arms), Warren Down, Greatdean Bottom
Notes: ///train.loitering.ranked 10.5
09:30 - 15:15

Bignor not Bognor

Tuesday 23 July The Cricketers Pub, Duncton GU28 0LB OL10 / SU960170
Sutton, Bignor Park, Serpent Trail, Burton Park
Notes: CP W3W ///gathering.spilled.apparatus 8
09:30 - 13:00

Bacchus our Kinsman

Thursday 25 July Sullington Warren CP RH20 3LY OL10 / TQ099142
Manley's Hill, Nightingale Rd, Fryern Rd, Fryern Home Fm, Hurston Street Fm, Hurston Ln, WSLT, Woodshill Fm, Hatch's Fm, West Chilmington Rd (Restaurant – Kinsbrook Vineyard), Bramblefield, Thakeham, Park Ln, Little Thakeham, Greenhurst Fm, Wantley, Downsview Av, Thakeham Rd, Sullington Warren
Notes: ///accent.hawks.bleaching 14.5
AM: 8.5 mi, PM: 6 mi.
09:00 - 15:30

Beacon Hill

Tuesday 30 July 09:00 - 15:45	West Marden lay-by PO189EN OL8 / SU773136	Bevis's Thumb, Kill Devil Copse, Beacon Hill, Telegraph House, Chilgrove (Pub – White Horse), Inholmes Wood, Watergate <i>Notes: ///inner.telephone.powder</i> <i>Coming from Compton, the lay-by is on the left just before the crossroads. RSP is also available in a residential road opposite pub.</i>	14.3
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Up And Down The Wildbrooks

Tuesday 30 July 10:00 - 13:30	White Horse CP Marehill, Pulborough RH20 2DY 121 / TQ064183	Nutbourne, Redfold Farm, New Place Farm Wiggonholt <i>Notes: CP W3W ///hiring.pronces.pampering</i>	8
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High and Windover: A Postdiluvian Ramble

Thursday 1 August 09:00 - 16:00	High & Over CP, Alfriston Rd. BN25 3AB OL25 / TQ509011	Friston Forest, Jevington, Windover Hill, Alfriston (Pub – The Smugglers or picnic on The Tye), SDW, The Comp <i>Notes: ///working.button.commended</i> <i>Car park is a short distance along road, NE of the postcode.</i>	14
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Wakehurst Place Circular from Balcombe

Thursday 1 August 10:00 - 13:00	Half Moon Pub, Haywards Heath Rd, Balcombe RH17 6PA 135 / TQ309307	Mainly flat circular walk to Wakehurst Place. Lunch Pub (Half Moon) at end of stroll <i>Notes: Parking on the road outside the pub by the Victory Hall. Stroll is also accessible by train from nearby Balcombe Station.</i>	6
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Bernard's Cycle Ride around Chichester Harbour

Friday 2 August 10:00 - 16:00	Chichester Canal Basin PO19 8DT OL8 / SU859042	North Mundham, Sidlesham Quay, Aldmodington, East Wittering, West Wittering (pub / café/ picnic lunch), Salterns Way, West Itchenor (Ferry), Bosham and Fishbourne Roman Palace (tea)	25
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Notes: ///scars.papers.cowboy
Meet outside Canal Centre Café, 2 Canal Wharf. Cash (£3.50 per adult and bicycle) required for ferry crossing.

Box Hill Bone Shaker

Tuesday 6 August 09:00 - 16:00	Ryka's CP Old London Rd, Box Hill RH5 6BY 146 / TQ172521	Box Hill Viewpoint, Juniper Top, White Hill, Headley Heath, Headley, The Garden House, Mickleham (Pub – The Running Horses), Norbury Park, Polesden Lacey, Westhumble <i>Notes: ///highs.bits.luck</i> <i>2,213 ft. ascent on this walk. The pub is just under a mile from the car park so it would be feasible to do the morning only.</i> <i>AM: 8.9 mi, PM: 6.7 mi.</i>	15.6
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Harbouring Avian Intentions

Thursday 8 August 09:00 - 16:00	RSPB Pagham Harbour Visitor Centre CP PO20 7NE OL8 / SZ856966	Ferry Farm, Selsey Golf Course, Golf Links Lane, Paddock Lane, Bonnar Road, ECP, Selsey Bill, ECP, Church Norton - St Wilfred's Church, ECP, Ferry House, Sidlesham (Pub – The Anchor), Pagham Wall, Little Welbourne, Honer Farm, Halsey's Farm <i>Notes: ///dried.soup.pioneered</i> <i>CP free for RSPB members. £3.00 for non-members; can use Pay by Phone app. AM: 9 mi, PM: 6 mi.</i>	15
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A Stroll With A Difference – Heritage Stroll Around Hurstpierpoint

Thursday 8 August 09:45 - 13:00	Hurstpierpoint Village CP, Trinity Rd, Hurstpierpoint BN6 9UY 122 / TQ281165	A stroll around Hurstpierpoint looking firstly at the older properties followed by a stroll across the fields to Danny House. Lunch (New Inn or café) at end of stroll <i>Notes: CP W3W ///port.veto.culminate</i> <i>CP requires a Mid Sussex Parking Disc which the leader will provide on arrival for £1</i>	6
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Lancing Ring Triangle

Monday 12 August 10:00 - 13:00	Lancing Ring Nature Reserve CP, Firle Rd, Lancing BN15 0NY OL11 / TQ183063	Lancing Ring Nature Reserve, Steep Down, Coombes Farm, Cow Bottom Hovel <i>Notes: CP W3W ///overruns.saunas.camps</i>	5
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Easebourne and Henley

Tuesday 13 August 09:00 - 15:45	Benbow Pond (off A272 E of Midhurst) GU28 9BX OL33 / SU914222	Easebourne, New Lipchis Way, Pound Common, Henley (Pub – Duke of Cumberland Arms), Serpent Trail, Lodsworth <i>Notes: ///restore.ripen.trend</i>	14
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Tillington River Rother Evening Stroll

Wednesday 14 August 18:00 - 19:30	The Horse Guards Inn, Upperton Rd, Tillington GU28 9AF OL34 / SU963220	Via the new Permissive Path, the perfect evening stroll! Come for a gentle stroll down to the River Rother and enjoy the beautiful river setting. At the end of the stroll we can refresh ourselves with a drink in the lovely garden of the Horse Guards Inn. <i>Notes: By Car: 1 mile west of Petworth on A272, turn right following brown tourist sign to Horse Guards Inn. Parking on road.</i> <i>By Bus: No1 from Midhurst or Worthing. Stops at Tillington.</i> <i>CP W3W ///lifted.using.earlobes</i> <i>Dogs welcome</i>	3
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Around Cissbury Ring

Thursday 15 August 09:00 - 16:00	Lancing Ring CP (end of Mill Road) BN15 0QD OL11 / TQ183063	Beggars Bush, Cissbury Ring, Stump Barn, Steyning (Pub – The Star), Cross Dyke, Coombes, Cow Bottom <i>Notes: ///overruns.saunas.camps</i>	15.3
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Adur River Walk

Saturday 17 August 10:00 - 15:30	Mock Bridge CP 400m S of The Bull BN5 9AB OL11 / TQ213179	Shermanbury Place, Betley Bridge, Adur River Path, Ashurst (Pub – The Fountain), Bineham Bridge, Lashmars Hall, Little Betley <i>Notes: ///fool.delivers.blueberry</i>	10
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Into Hampshire

Tuesday 20 August 09:00 - 15:45	Cheriton Recreation Ground CP SO24 0QH OL32 / SU580282	Wayfarer's Walk, New Alresford, Three Castle's Path, Itchen Abbas (Pub – The Plough), Itchen Stoke, Tichborne <i>Notes: ///briskly.trappings.trailers</i>	14.8
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Friston Forest And Lullington Heath Circular

Tuesday 20 August 10:00 - 13:00	Butchers Hole CP, Jevington Rd, Friston. BN20 0AT OL25 / TV555990	Butchers Hole CP, Friston Place, waterworks Building, through forest to Lullington Heath near the Dewpond then back via the Gallops with distant views. Lunch (Hiker's Rest café) at end of stroll. Ca. 1 mile away in East Dean <i>Notes: CP W3W ///Surprised.Allies.Sleeps</i> <i>Please note CP is fee paying via park app Ringo. CP at East Dean is free.</i>	7
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Exceat & Back

Thursday 22 August 09:30 - 16:15	Friston Woodland CP, Seven Sisters VC, Exceat BN25 4AD OL25 / TV518966	West Dean, Litlington, Cradle Hill, The Comp, Bopeep, SDW, Alfriston (Pubs, Cafes), SDW, Friston Forest, West Dean <i>Notes: ///validated.deal.takeover</i> <i>Meet at Visitor Centre (café opens 09:00).</i> <i>AM: 7 mi, PM: 5 mi.</i>	12
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Balcombe, Ouse Valley Viaduct Ardingly Reservoir

Saturday 24 August 10:00 - 13:30	Balcombe (Victory) Hall, Stockcroft Rd, Balcombe RH17 6HP 135 / TQ309305	Walk from Balcombe to the Ouse Valley Viaduct via Pilstye Wood. On to Ardingly reservoir for refreshments. Walk right round the shore line of the reservoir, then join the road by The Old Mill and back to Balcombe via Alder Wood. A truly beautiful walk with splendid views and points of interest. <i>Notes: CP W3W ///terminal.presuming.spark</i> <i>Parking at the Hall or in village but meet at the Hall.</i> <i>Dogs welcome, I shall be bringing along Sheba and Freddie</i>	7.5
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Humps and Downs

Tuesday 27 August 09:00 - 16:00	Stoughton Down CP PO18 9JG OL8 / SU815126	Bow Hill, Walderton, Lumley Seat, West Marden (Pub – Queen Victoria), Up Marden, Inholms Wood <i>Notes: ///train.loitering.ranked</i>	13
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Copsale Loop

Thursday 29 August 09:00 - 15:30	Copsale Downs Link CP RH13 6QT OL34 / TQ171249	Southwater, Pedlars Way, Horsham Park, Broadbridge Heath (Pub – Shelley Arms), Christs Hospital, Copsale <i>Notes: ///survey.director.gilding</i>	13
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Amberley Figure of Eight

Tuesday 3 September Amberley Village CP SDW, Bury, WSLT, Amberley (Pub – Black Horse or tea rooms), 14
09:00 - 16:00 BN18 9NB Crossgate, Rackham, Rackham Hill, The Burgh, Wey-South Path
OL10 / 031129 *Notes: ///nametag.rooting.annotated*
AM: 7.5 mi, PM: 6.5 mi.

Dale Park Circular

Tuesday 3 September The Spur Pub, Slindon Walk through Dale Park, Madehurst, to the top of Great Down and 6
10:00 - 13:00 BN18 0NE down to Slindon. Should have great views over the coast to
OL10 / SU971082 loW/Hampshire.

Gateway to Wales

Thursday 5 September Norton Drive CP The Bostle, Highdole Hill, Mill Hill, River Ouse, Rodmell (Pub – 15.5
09:00 - 16:30 Woodingdean Abergavenny Arms), Breaky Bottom, Castle Hill Nature Reserve
BN2 6NT *Notes: ///late.slept.taped*
OL11 / TQ356063

Commons Without Muck

Tuesday 10 September Lavington Common Serpent Trail (Graffham Common, Heyshott Common, Ambersham 15.1
09:00 - 15:45 GU28 0QL Common), Walkers Farm, Cocking, Flint Barn (café – Cadence), SDW,
OL10 / SU949187 Graffham Down, Lavington Stud Farm, Lavington Common
Notes: ///divisible.animals.glow

Levin Down and Singleton Woods

Tuesday 10 September Footpath next to Singleton Primary Walk up Levin Down, through Singleton Woods, Venus Wood back 7
10:00 - 13:00 School, Singleton round to Hat Hill. Please note the first 200 metres or so of the descent
PO18 OHP from Hat Hill is steep and can be tricky, especially in wet weather. Bring
OL13 / SU879132 a walking pole!
Notes: The stroll starts at the footpath next to the Primary School. There is on road parking in the village, but please park considerately. Dogs welcome, I will be bringing my Border Collie along.

To the Lizard

Monday 16 September Lavington Common CP, Duncton Lavington Common, Serpent Trail, Burton Park, Duncton Mill, 5.6
10:00 - 12:45 Common Rd, East Westerlands Farm
Lavington *Notes: CP W3W ///looms.gateway.avoid*
No accurate PC
OL10 / SU948187

It Must Surely Have Dried Out by Now?

Tuesday 17 September West Grinstead old Station off A272 Newhouse Farm, West Grinstead Park, Rookcross Lane, Lock Bridge, 10
10:00 - 15:00 RH13 8LY nearest Partridge Green (Pub – The Partridge), River Adur, W Grinstead Church,
OL34 / TQ183225 Downslink
Notes: ///tigers.soonest.dollars

Lewes Loop

Thursday 19 September 09:00 - 16:30	Barcombe Mills CP BN8 5BX OL11 / TQ434147	Curds Farm, Warningore Wood, Mount Harry, Lewes, Cliff High St (lunch), Malling NR, Ringmer <i>Notes: ///savings.dominant.handfuls</i>	16.5
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High, Over and Around

Tuesday 24 September 09:00 - 16:00	High and Over CP, Alfriston Road BN25 3AB OL25 / TQ509011	The Comp, Winton, SDW, Winchester's Pond, Litlington (Pub – Plough & Harrow), Long Brow, Exceat, Brock Hole Down <i>Notes: ///working.button.commented</i>	14
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One Garden and Stanmer Park

Tuesday 24 September 11:00 - 14:00	Map opposite Circa In The Park Café, South Entrance, Stanmer Park, Brighton BN1 9PY OL11 / TQ342087	This is an outing as much as a walk, lots to see and do: Millions have been spent on redesigning this part of Stanmer Park and in designing the One Garden. The planting of the garden and maintenance is done by Plumpton College as part of its Stanmer campus. The veg and flower beds are beautiful, interesting and informative. Plenty of toilets and refreshment opportunities. We shall walk up to One Garden (0.8 miles) passing Stanmer House. In One Garden, the One Kitchen restaurant has a more modern menu. Smooth lawns and benches for a picnic, a food shop/cafe where we'll base for refreshment and to explore. Then through Stanmer Village and up a short steep path to the hills. There we have a choice, to take the shortest route down to the park entrance or go up just a little higher to walk back partly through the woods. That makes the longest walk at a total of about 4 miles. It's all lovely. I intend this to be very flexible; walkers are welcome to leave the group at any point to linger or to avoid the hilly bit or to lunch at Stanmer House as there is no way of getting lost – just make sure I know. <i>Notes: Car parks to the left and right as you enter Stanmer Park. Fee payable. - £1.70 for 2 hours, £2.80 for 4 hours. Please note you will need to download the "Pay by Phone" parking app to pay for parking. Served by bus routes 28, 29, 78, 25; also trains to Falmer Station.</i>	4
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Water, Wind & The Great Flood

Thursday 26 September 09:00 - 16:15	Benbow Pond CP off A272 E of Midhurst GU28 9BX OL33 / SU914222	Cowdray Park, Oaters Wood, Bexleyhill Common, Highstead Lane, Upperfold Farm, Temple of the Winds, Ramsfold Wood, Shop Hill Farm, High Lane, Lurgashall (Pub – Noah's Ark), Sods Farm, Highstead Lane, Ovis Common, Vining Farm <i>Notes: ///restore.ripen.trend</i> <i>AM: 10 mi, PM: 4 mi.</i>	14
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No Bridge or Pub

Friday 27 September 10:30 - 12:30	Copsale Downs Link CP Bar Lane, Nuthurst RH13 6QT OL34 / TQ171249	Downs Link, Lower Sedgwick Farm, Nuthurst, Elliotts Farm, Copsale <i>Notes: CP W3W ///survey.director.gilding</i>	5.8
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